



## POST News

February 2018

1 of 6

### **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

### **STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

### **TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information: [post.nv.gov](http://post.nv.gov)**

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

## **SNALET/NALET Meetings**

The March SNALET meeting will be held on March 14, 2018 at 9:30 A.M. located at DPS – 4615 W. Sunset Rd. – Las Vegas

The March NALET meeting will be held on March 22, 2018 at 9:30 A.M. located at POST – 5587 Wa Pai Shone Ave. – Carson City

## **Commission Meeting**

February Commission Meeting

On February 22, 2018 in Mesquite Nevada, the POST Commission held a Public Comment Hearing and a regular Commission Meeting. The Public Comment Hearing was an opportunity for the public to comment on the regulation that was proposed through a Senate Bill establishing voluntary training program for law enforcement dispatchers who meets certain requirements. There was only one comment made which supported the program.

The Commission meeting commenced immediately after the Public Comment Hearing. The Commission unanimously approved LCB File R128-17 training of law enforcement dispatchers.

There was one revocation of a Category I and Category III Basic Certificates based on a Guilty Plea to a Category E felony.

There was one suspension of a Category I Basic Certificate based on a Criminal Complaint to a Category C felony.

The following officers were granted the POST Executive Certificate:

Las Vegas Metropolitan Police Department  
Assistant Sheriff Todd Fasulo  
Captain Christopher Little

First Judicial District Court, Carson City Juvenile Services  
Chief Ali Banister

Nevada Department of Public Safety  
Captain Sheri Sliva

Carson City Sheriff's Office  
Assistant Sheriff Jerome Tushbant

The Nevada Department of Corrections was granted a 6 month extension of time to meet certification requirement for six employees.

Next Commission meeting is tentatively set for May 3, 2018 at 8:30am at POST in Carson City.

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**



**ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

**STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

**TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information:** [post.nv.gov](http://post.nv.gov)

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

**Challenging Schedules are a part of law enforcement profession**

By Training Specialist Eric Schinzing, NEVADA P.O.S.T

Few careers are as challenging as being in law enforcement, both mentally and physically. Often a shift can be varied and intense, depending on the day. An officer must have the stamina to complete whatever is thrown at him, he chases or chases after him.

A functional workout can build the necessary stamina needed to come out on top.

In PATROL a lack of time is also an added challenge to a schedule. Use the acronym P.A.T.R.O.L to develop the discipline to train consistently and make exercise a part of your training.

**P) Pick a Time**

With the challenging schedules that are part of the law enforcement profession, picking the right time to train can be difficult. It is imperative that you choose a time that will serve you well and benefit you both on and off the job. Once you choose a time when you consistently enjoy training, stick with it. Consistency is the key.

**(A) Assess**

Assess your fitness needs and readiness before each workout. In order to design and plan your workout of the day, you must make a thorough and critical assessment of your current fitness level, goals, strengths, areas that need improvement, and readiness. You also must take into consideration what you did for a workout the day before. Once you have made these assessments, you can design your workout of the day and train accordingly.

**T) Train**

There are many types of training philosophies and methods. For example, high level trainers suggest a 3 days on/1 day off schedule. This method can apply to hard, moderate, or low impact training days followed by mobility/recovery days. Remember, your current level of readiness will determine the level of intensity of your "on" days.

**(R) Rotation**

To be functional and successful in both your on-duty and off-duty life, you need to be able to rotate. However, most exercises are linear in fashion. Think about your favorite exercises for one moment – push presses, pull ups, box jumps, etc. They all share a linear movement. That's OK. However, life and police work are both asymmetrical so we need the ability to move and respond accordingly.

**(O) One**

While training, you need to stay centered and focused on one rep, one movement, and one combination at a time. This does not mean that you need to be too robotic or too deliberate. You can still go fast. You can still train hard. You just need to master each repetition by placing an emphasis on proper form.

**(L) Listen**

Listen to your body. It bears repeating. Listen to your body. If something feels out of the ordinary or if something hurts, you have options. Adjust your workout, focus on another area, or shut the workout down. Live to train another day. Your body will thank you both sooner and later.





## POST News

February 2018

3 of 6

### **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

### **STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

### **TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information:** [post.nv.gov](http://post.nv.gov)

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

### **NRS 289.550 Persons required to be certified by Peace Officers' Standards and Training Commission; period by which certification is required.**

1. Except as otherwise provided in subsection 2 and NRS 3.310, 4.353, 258.007 and 258.060, a person upon whom some or all of the powers of a peace officer are conferred pursuant to NRS 289.150 to 289.360, inclusive, must be certified by the Commission **within 1 year after** the date on which the person commences employment as a peace officer unless the Commission, for good cause shown, grants in writing an extension of time, which must not exceed 6 months, by which the person must become certified. A person who fails to become certified within the required time **shall not** exercise any of the powers of a peace officer after the time for becoming certified has expired.

We at POST often receive inquiries regarding the statutory period in which one has to become certified when employed as a peace officer. That requirement is clearly addressed in NRS 289.550. The question posed to POST often is, "What do we do with a person who is still employed but not yet certified upon the running of the statute?" Couple things to remember. First, this is an NRS requirement- it is not a regulation allowing POST to make regulatory changes. Second, the statute is not ambiguous - it is clear, the employee "shall not" exercise any powers of a peace officer after that statutory period has expired. POST would encourage agencies to speak with their legal counsel in determining what is or isn't peace officer powers. That said, we at POST believe it is safe to assume, wearing a uniform, carrying and or displaying a firearm, at least during work hours, driving a marked vehicle, conducting investigations, detentions and arrests, carrying out custody tasks such as working as a uniformed detention staff member and dealing directly with inmates and arrestees (keeping in mind that the NRS defines custody personnel as peace officers) would likely be deemed "peace officer" powers by the courts.

In terms of remedy for violating NRS 289.550, POST again would encourage you to speak with your legal counsel and district attorney's office. One possible remedy, from a criminal law standpoint, is dismissal or conviction reversal of arrests made in violation of the statute. From a civil law stand point there is the possibility of allegations of false arrest and/or other causes related to acting under the color of authority. In other words, agencies should take this statute seriously as they would any other statute. We at POST are here to help, and will provide whatever we can to educate and insure that violations do not occur. The first thing is to make sure agencies are aware of statutes that effect peace officers. We also strive to notify employing agencies when we become aware of reported peace officer positions that are approaching the statutory time period and have not yet been certified.

We at POST believe our law enforcement agencies in Nevada are the best in the Nation. Our experience is every agency strives to exceed the minimum standards adopted by POST and the statutory requirements imposed by the legislature. Violations are extremely rare, but POST hopes to assist in keeping agencies educated as to the requirements. Ultimately it is the responsibility of POST to ensure that peace officer standards for hiring, certification, continuing education and advanced training are met, and notify the concerned parties when those are in jeopardy. If you have any questions as to the requirements, do not hesitate in contacting POST.

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**



## POST News

February 2018

4 of 6

### **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

### **STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

### **TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information:** [post.nv.gov](http://post.nv.gov)

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

### **EVOC Training Vehicles Needed**

POST is in need of EVOC training vehicles. Specifically we are looking for Crown Victoria's and/or Chargers. Vehicles should be in fair shape with no major mechanical issues. If any agency has any leads on patrol vehicles now, or in the near future please contact Adam Houle at (775) 687-3314, or email at [ahoule@post.state.nv.us](mailto:ahoule@post.state.nv.us) . Any help is greatly appreciated.



### **Professional Development Course Scheduled**

Basic Instructor Development Course: June 4-7, 2018 from 0800-1700.

Please visit our website's [Forms](#) page to obtain the "Professional Development Course Registration Form" to sign up.



This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>





## POST News

February 2018

5 of 6

### **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

### **STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

### **TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information:** [post.nv.gov](http://post.nv.gov)

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

## **Intermediate and Advanced Certificate.**

If you are looking to get your Intermediate and Advanced certificate but do not have the college credits due to your service in the military there is an option for you. NV POST will accept military training hours and convert them to college credit hours.

### **What do you need to do?**

You will need to provide your Joint Services Transcripts to your SPOC who will in turn submit them to POST. The conversion is that your SH (semester hours) are a 1:1 conversion for college credits.

This conversion currently does not include years of service in lieu of college.



## **Wanted Couches**

POST is in need of some lightly used, still in fairly good condition, couches for our cadet dorms. If you have any couches you'd like to donate please contact Eric Schinzing at 775-687-3308 or at [eschinzing@post.state.nv.us](mailto:eschinzing@post.state.nv.us).



This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>



## POST News

February 2018

6 of 6

### **ADMINISTRATION**

**Mike Sherlock**

*Executive Director*

**Tim Bunting**

*Deputy Director*

**Kathy Floyd**

*Executive Assistant*

**Adam Houle**

*Facilities Supervisor*

### **STANDARDS**

**Scott Johnston**

*Chief*

**Warren Turner**

*Training Specialist*

**Cindy Lee**

*Program Officer*

**Kayla Parsley**

*Admin*

### **TRAINING**

**Boe Turner**

*Chief*

**Brian Mehrer**

*Academy Commander*

**Andy Borkowski**

*Training Specialist*

**Eric Schinzing**

*Training Specialist*

**Cameron Carmichael**

*Training Specialist*

**Amanda Socha**

*Admin*

775-687-7678

**See our website for more  
Information: [post.nv.gov](http://post.nv.gov)**

And Facebook at  
[Facebook.com/NVPOST](https://www.facebook.com/NVPOST)

### **POST Professional Certificates Awarded**

POST is proud to list the following officers that have been awarded Professional Certificates during the month of January.

#### **Carson City Juvenile Probation Services**

Jackson, Erin M.; Intermediate

#### **Carson City SO**

Wildblood, Jason; Intermediate

#### **Churchill Co So**

Goodrick, Trevin E.; Advanced

#### **Henderson PD**

Bellow, Maria T.; Management

Dong, Braden C.; Advanced

Montano, Christopher D.; Intermediate and Advanced

Paul, Richard B.; Intermediate

Tillmon, Logan E.; Advanced

#### **LV Metro Detention Center**

Olson, Jason A.; Intermediate

Owens, Chad J.; Advanced

Robinson, Elizabeth J.; Intermediate

#### **LV Metro PD**

Bitsko, Joshua W.; Intermediate and Advanced

Carreon, Albert; Intermediate and Advanced

Ferranti, Peter W.; Intermediate and Advanced

Fincher, Le Aareon D.; Intermediate and Advanced

Friess, Bradley T.; Intermediate and Advanced

Hatten, Mark S.; Intermediate and Advanced

Law, Landon V.; Intermediate and Supervisor

Munson, Gregory L.; Management

Price, Roger T.; Intermediate, Advanced, & Supervisor

Rodriguez Jr., Raul; Intermediate and Advanced

Rozell, Jay R.; Intermediate

#### **Lyon Co So**

Shannon, Sean P.; Intermediate

#### **Mesquite PD**

Musser, Joseph W.; Advanced

#### **NV Attorney General's Office**

Evans, Ryan M.; Intermediate

Navarro, Holly G.; Advanced

Pindar, Alwyn O.; Advanced

#### **NV Dept. of Public Safety**

Denman, Matthew C.; Advanced

Dong, Chao Y.; Advanced

Morgan, Daryl M.; Advanced

Sandoval, Amber C.; Intermediate

#### **NV Dept. of Wildlife**

Humphries, Casey B.; Intermediate

#### **North LV PD**

Coloma, Christopher R.; Intermediate and Advanced

Harris, Nicholas L.; Intermediate and Advanced

#### **Nye Co So**

Cobb, Charles R.; Advanced

Hopson, Christopher L.; Intermediate

#### **Reno PD**

Hickman, Andrew L.; Intermediate

Proffitt, Joe E.; Intermediate

#### **Storey Co So**

Andres, Lance R.; Intermediate

Hammond Sr., Mitchell S.; Intermediate

Jewkes, Brooke C.; Intermediate

#### **Washoe Co So**

Argall, Cara A.; Intermediate

Bird, Garrett L.; Advanced

Deal, David N.; Intermediate

Suchodolska-Zmak, Malgotzata; Intermediate

#### **Yerington PD**

Coombs, Brandon A.; Intermediate

**This communication is intended for all of Nevada Law Enforcement. Please forward this document or make it available to anyone for which the material may be of interest. This document is also available from the Home page of <http://post.nv.gov>**